

## June through September 2010 Schedule

### Join Us In Building the Elders' Guild

The Elders' Guild was founded here in Berkeley as a grassroots, chapter-based organization. It provides the foundation of community, activism and life-long learning that will support us for the rest of our lives and promotes an antidote to the isolation and loss of role that often leads to institutionalization.

Our mission is to create the communities where we re-imagine our old age, look after one another and embody the wisdom that will enable us to help heal the future. Our vision is a world in which empowered and conscious elders join together in common purpose to bring healing, joy and connection to our lives, our families, our communities and the world.

Together, we are building a movement that redefines what it means to be an elder in the 21st century.



### Schedule of Elders' Guild Community Gatherings

**The Elders' Guild Community Gatherings are held the Second and Fourth Sunday of each month at the North Berkeley Senior Center, 1901 Hearst Avenue, corner of MLK.**

**The Elders' Guild is Multi-Generational And Multi-Cultural**

- ☛ **All Gatherings are held from 1:30 to 4:00 p.m.**
- ☛ **Schmoozing from 1:30 to 2:00**
- ☛ **Gatherings Start promptly at 2:00**
- ☛ **Bring Light Refreshments to Share**

### June through September 2010 Gathering Dates

#### Second Sunday of the Month

SUNDAY, JUNE 13

Sunday, July 11

Sunday, August 8

Sunday, September 8

#### Fourth Sunday of the Month

Sunday, JUNE 27

Sunday, July 25

Sunday, August 22

Sunday, September 26

*Everyone is Welcome. Our members range in age from the early forties to the late eighties.*

The Elders' Guild is a project of Live Oak Institute. We have been working to create a new Elder Culture since 1977.