

2010 – January through May Schedule

Join Us In Building the Elders' Guild

The Elders' Guild was founded here in Berkeley as a grass-roots organization to help us build the foundation of community, activism and deep life-long learning that will support us for the rest of our lives. Our mission is to create the communities where we re-imagine our old age, look after one another and embody the wisdom that will enable us to help heal the future.

Our vision is a world in which empowered and conscious elders join together in common purpose to bring healing, joy and connection to our lives, our families, our communities and the world. Indeed, we believe the Elders' Guild has the potential to transform our lives as elders, serve our families and communities, and bring the generations together as we help heal the culture in the 21st century.

We are working to restore the role of Elder to the culture and to establish a Wisdom Tradition that supports transformative learning where our need for wisdom and understanding is greatest. We are building a movement and a chapter based organization of wellness communities that promote mutual support and provide the antidote to the isolation and loss of role that often leads to institutionalization.

Schedule of Elders' Guild Community Gatherings

The Elders' Guild Community Gatherings are held the Second and Fourth Sunday of each month at the **North Berkeley Senior Center, 1901 Hearst Avenue, corner of MLK.**

Elders' Guild Meetings Are The Second And Fourth Sunday Of The Month

The Elders' Guild is Multi-Generational And Multi-Cultural

- ☛ **All Gatherings are held from 1:30 to 4:00**
- ☛ **Schmoozing from 1:30 to 2:00**
- ☛ **Gatherings Start promptly at 2:00**
- ☛ **Bring Light Refreshments to Share**

January through May 2010 Gathering Dates

Second Sunday of the Month

When

SUNDAY, JANUARY 10
 Sunday, February 14
 Sunday, March 14
 Sunday, April 11
 Sunday, May 9

Fourth Sunday of the Month

When

Sunday, January 24
 Sunday, February 28
 Sunday, March 28
 Sunday, April 25
 Sunday, May 23

Everyone is Welcome. Our members range in age from the early forties to the late eighties.

The **Elders' Guild** is a project of Live Oak Institute. We have been working to create a new Elder Culture since 1977.